

## 2010 Dolphin Club Escape From Alcatraz Triathlon Results

<u>Place</u>	<u>Name</u>	<u>Swim Split</u>	<u>Bike Split</u>	<u>Run Split</u>	<u>Total Time</u>	<u>Notes</u>
1	Lanz, Joel	0:49:54	0:49:06	2:02:35	3:41:35	Fastest run; 5th consecutive win/ties with Vince Fausone for the most wins
2	Deasy, Michelle	0:36:13	0:49:32	2:45:17	4:11:02	Fastest swim; 4th consecutive win/ties with Chris Chorak for the most wins by a female
3	McFadden, Sean	0:43:22	0:47:15	2:40:27	4:11:04	1st Place Cruiser
4	Pohlmann, Brent	0:50:18	0:46:51	2:36:53	4:14:02	Fastest Bike
5	Lillios, Tony	0:43:06	0:53:19	2:51:09	4:27:34	virgin escapee
6	Considine, Daniel	0:43:25	0:55:30	3:01:05	4:40:00	virgin escapee
7	Ottersberg, John	0:36:26	0:57:31	3:14:56	4:48:53	
8	Pineda, Carlos	1:02:54	1:06:59	2:48:18	4:58:11	
9	Power, Conor	0:47:23	0:55:38	3:22:59	5:06:00	
10	Navarro, Gerard	1:03:38	1:31:29	2:33:06	5:08:13	virgin escapee
11	Avery, Rick	0:59:10	1:01:04	3:20:23	5:20:37	
12	Calder, Allan		0:00:00	3:34:41	5:21:50	
13	DuComb, Anthony	1:26:26	1:02:30	2:57:24	5:26:20	
14	Molnar, Peter	0:53:51	0:58:40	3:33:52	5:26:23	thanks Peter for the wine!
15	Tilley, Rebecca	0:55:17	1:06:41	3:28:27	5:30:25	
16	McKee, Mark	1:02:19	1:07:39	3:20:27	5:30:25	
17	Keenan, Margaret	0:53:10	1:10:43	3:31:07	5:35:00	1st Place Female Cruiser
18	Hornor, John	1:06:35	1:07:29	3:22:10	5:36:14	
19	Knox, Julie	1:09:19	1:14:04	3:17:12	5:40:35	
20	Hulihan, Jim	0:49:51	1:21:32	3:35:29	5:46:52	Oldest Competitor at 67. Thanks for coming back to the Escape all the way from WARM Florida!
21	Burke, Erik	1:02:32	1:36:59	3:08:26	5:47:57	
22	Offen, Hal	1:08:02	1:06:19	3:34:13	5:48:34	
23	Perry, Racheal	0:53:49	1:12:39	3:44:24	5:50:52	virgin escapee
24	Delneo, Cathy	0:45:32	1:12:32	3:54:21	5:52:25	virgin escapee
25	Braconi, William	1:17:51	1:08:13	3:26:23	5:52:27	virgin escapee
26	Russell, Jeff	1:14:25	1:04:20	3:34:35	5:53:20	
27	Mattox, John	1:00:35	1:10:00	3:47:03	5:57:38	
28	Nakamura, Jon	0:50:55	1:06:42	4:02:18	5:59:55	21st Consecutive Escape!
29	Linthicum, Tom	0:54:21	1:06:16	4:00:31	6:01:08	
30	Field, Andy	1:07:11	1:11:55	3:42:17	6:01:23	21st Escape!
31	Vanhoven, Paul	0:44:54	1:13:17	4:05:29	6:03:40	virgin escapee
32	Chambers, Kimberley	0:58:29	1:11:14	3:54:47	6:04:30	virgin escapee virgin escapee; Thanks for coming all the way from New York to participate in the "event"; We hope it was memorable and you will return! A pleasure to meet you and Renee!
33	Frediani, Paul	1:02:17	1:08:26	4:12:42	6:23:25	
34	Silva, Mike	0:38:53	1:08:36	4:40:51	6:28:20	virgin escapee
35	Callinan, Tom	1:09:42	1:01:25	4:17:23	6:28:30	22nd Escape!!!
36	Shupert, Eric	1:45:26	1:26:05	3:26:55	6:38:26	
37	Rus, Gina	0:55:26	1:10:08	4:34:49	6:40:23	
38	Ramirez, Carlos	1:07:17	1:23:07	4:18:03	6:48:27	
39	Nowell, Keith	1:06:16	1:24:23	4:43:03	7:13:42	20th Escape!
40	Needham, Dan	0:58:17	1:32:26	4:44:51	7:15:34	
41	Hiser, Miriam	1:06:50	1:22:57	4:45:47	7:15:34	virgin escapee
42	Yee, James	1:28:11	1:25:51	4:26:48	7:20:50	
43	Buehlmann, Alex	1:01:12	1:14:06	5:07	7:22:27	virgin escapee
44	Webb, Mike	1:01:20	1:28:55	4:56:50	7:27:05	19th Escape plus 2 unofficial!
45	Taylor, Phil	1:37:15			~8:30	

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<u>Place</u>	<u>Name</u>	<u>Swim</u>	<u>Bike</u>	<u>Run</u>	<u>Final</u>	<u>Notes</u>
	Fotherby, Tony	DNF				
	MacLean, Ian	57:25	DNF	DNF	DNF	
	Takahashi, Nobu	1:11:25	DNF	DNF	DNF	
	Bailey, Kathy	1:29:52	DNF	DNF	DNF	
	Wilhelm, Tom	1:30:15				
	Rome, Robin	1:40:00	NR	MV-MB-MV		
	Cantini-Norkin, Mary	1:51:46	DNF	DNF		swam through Farnsworth's Gap!!!
	Robinson, Jamie	1:21:34	1:44:50	DNF	DNF	

### RELAY TEAMS

1	Volante Canard	1:05:48	0:52:00	3:08:06	5:05:54	Steve Anderson, Joan Francis, Harold Cranston
2	Bonnie & Clyde	0:46:53	2:18:56	3:04:51	6:10:40	Bonnie Brown, Jeff Brown, Clyde Barrow
3	Fish And Chicks	1:26:45	1:36:55	3:50:27	6:54:07	Janice McCall, Vinay Yadappanavar, Meduri, Gretchen Coffman
4	Suzie Dods	1:04:55	0:47:14	5:42:24	7:34:33	Suzie Dods and Vincent Huang