

1996	Place	Club	Name	Swim	Bike	Run	Total
	1	DC	Erik Burke	42:57	51	2:23	3:56
	2	DC	Chris Kelly	37:03	52	2:30	3:59
	3	SE	Vince Fausone	44:58	56	2:26	4:06
	4	DC	Peggy Lavelle	49:05	57	2:27	4:13
	5	DC	Mark McKee	46:09	53	2:37	4:16
	6	SE	Matt Davis	48:01	51	2:39	4:18
	7	SE	Rory Moore	56:08	54	2:39	4:28
	8	SE	Allan Calder	37:14	47	3:04	4:28
	9	DC	Caxton Rhodes	48:32	55	2:45	4:28
	10	SE	Jeff Woodhead	48:17	53	2:54	4:35
	11	DC	Margaret Keenan	39:57	55	3:04	4:38
	12	SE	Keith Nowell	51:40	61	2:54	4:44
	13	SE	John Churton	56:20	68	2:42	4:46
	14	DC	Mike Webb	45:24	53	3:14	4:52
	15	DC	Ken Coren	53:55	62	2:58	4:53
	16	DC	Tom Callinan	50:51	56	3:08	4:54
	17	DC	Tony DuComb	57:13	65	2:56	4:58
	18	DC	Barry Christian	53:35	68	3:21	5:22
	19	SE	Andy Field	44:49	63	3:36	5:23
	20	DC	Micky Lavelle	41:02	69	3:38	5:28
	21	DC	Krist Jake	42:55	69	3:38	5:29
	22	DC	Keith Nelson	48:35	63	3:42	5:33
	23	DC	Jon Nakamura	38:41	59	4:01	5:38
	24	DC	Janice Kelly	49:13	68	3:47	5:44
	25	DC	Gina Rus	50:44	76	3:45	5:51:48
	26	SE	Tom Linthicum	52:46	77	3:42	5:51:50
	27	DC	Gerald O'Dwyer	1:07:55	71	3:40	5:58
	28	DC	Sunny McKee	46:52	65	4:29	6:20
	29	DC	Gary Ersham	1:15:14	65	3:27	6:26
	30	DC	Lorna Newlin	51:26	80	4:38	6:49
	31	DC	Eric Von Blankenburg	42:46		DNF	
	32	DC	Tom Ferraro	46:58	88	DNF	
	33	DC	Peter Butler	1:14:49	87	DNF	

1996	Team #	Club	Swimmer	Time	Biker	Time	Runner	Time	Total
	1R	DC	Becky Fenson	29	Gabe Scurlock	38	Gabe Scurlock	2:28	3:35
	2R	SE	Brent Pohlman	44:38	Ben Winslow	53	Ben Winslow	2:25	4:02
	3R	DC	Rachel Elgin	38:40	Ian Glidden	47	Rob Fallon	3:37	5:02
	4R	DC	Alan budenz	37:05	Tina Scott	59	Alan/Tina George	3:47	5:23
	5R	SE	Mike Raifsmder	46:23	George Roach	49	George Roach	3:59	5:34:23
	6R	SE	Mike Lagios	1:04:46	Mike Lagios	64	John Newlin	3:32	6:20