

2004 Results

2004	Place	Club	Name	Swim	Bike	Run	Total
	1	DC	Mark McKee	48	55	2:20	4:03
	2	DC	Ian MacLean	52	50	2:27	4:09
	3	DC	Morris Cheston	50	50	2:54	4:34
	3	DC	Eric Burke	50	59	2:45	4:34
	5	DC	Bear Arellano	63	57	2:39	4:39
	6	DC	Ted Tilles	51	54	3:08	4:53
	7	DC	Phil Scarborough	39	52	3:25	4:56
	8	DC	Sean McFadden	48	52	3:17	4:57
	9	DC	Mike Webb	50	55	3:14	4:59
	10	DC	Sunny McKee	49	1:01	3:23	5:13
	10	DC	John Mattox	55	1:05	3:13	5:13
	12	DC	Anthony DuComb	1:10	58	3:06	5:14
	13	SE	Tom Lithicum	54	1:03	3:19	5:16
	14	SE	Ben Grieb	60	1:06	3:13	5:19
	15	DC	Naphtali Offen	64	1:02	3:22	5:28
	16	DC	Jon Nakamura	45	1:07	3:37	5:29
	17	DC	Joanne Desmond	51	1:04	3:43	5:38
	18	SE	Mike Laramie	58	1:03	3:44	5:45
	19	SE	Philip McGorrige	58	1:34	3:16	5:48
	20	SE	Andy Field	59	1:08	3:56	6:03
	21	SE	Kathy Bailey	1:08	60	4:10	6:18
	22	DC	Krist Jake	55	1:17	4:08	6:20
	23	DC	Joe Mannion	1:13	1:10	3:58	6:21
	24	DC	Gina Rus	53	1:05	4:34	6:32
	25	SE	Owen O'Connor	55	1:35	4:58	6:33
	26	DC	Mary Cantini	1:11	1:18	4:13	6:42
	27	SE	Susan Herder	1:01	1:22	4:20	6:43
	28	SE	Laurel Condro	48	1:04	5:00	6:52
	29	DC	Hugh Kim	57	1:21	4:35	6:54
	30	SE	Mike Lagios	56	1:11	5:29	7:16
	31	SE	Linda Nowell	1:16	1:11	5:29	8:24
	32	SE	Keith Nowell	63	1:52	5:29	8:25
	33	SE	Tracy McCormick				DNF
	34	SE	Jim McCormick				DNF
	35	SE	Kristine Buckley				DNF

Team #	Club	Swimmer	Time	Biker	Time	Runner	Time	Total
1	SE	Jeannett Conley	1:22		1:07		1:59	4:28
	SE			Kimo Lai				
	SE					John Moss		
2	DC	Duke Dahlin	41		46		3:28	4:55
	DC			Vincent Huang				
	DC					Janet Cheston		
3	DC	Gary Ehram	1:13		1:07		3:29	5:49
	DC			Peter Butler				
	DC					Barry Christian		
	DC					Gary Ehram		